

Application No. 10/822040  
Amendment dated August 12, 2006  
Reply to Office Action of June 16, 2006

Docket No.: 013192.0101D1US

### AMENDMENTS TO THE CLAIMS

1. (Currently amended) A waist strengthening and rehabilitating apparatus, in which a support unit is constructed by assembling all or some of a footrest, a backrest, a pedestal, a handle and related frames, and waist exercises are conducted utilizing a backrest frame operated in conjunction with a load controller with the lower part of his body being fixed to the support unit, said apparatus further comprising:

a lower body holder mounted on said support unit, said lower body holder being comprised of a front thigh holder for tightly holding the front portion of the thigh and a rear thigh holder for tightly holding the rear portion of the thigh;

a stopper preventing [[the]] a moving link from being moved rearward and allowing the moving link to support [[the]] a pressurizing bar; and

a pressurizer allowing said pressurizing holder to be pressurized by moving forward the moving link;

wherein said front thigh holder comprises a movable member in which a pressurizing holder is guided by two pairs of moving links supported by fixed frames.

Claims 2 - 5 (Canceled)

6. (Previously presented) The waist strengthening and rehabilitating apparatus according to claim 1, further comprising a pressure meter operated according to pressure exerted from said pressuring holder, said pressure meter being mounted on a portion moved together with said pressuring holder so as to recognize the amount of the pressure.

Claims 7 - 9 (Canceled)

10. (Original) The waist strengthening and rehabilitating apparatus according to claim 1, further comprising a vertical rotating shaft, said vertical rotating shaft being situated under the support frame of said backrest to be operated in conjunction with said load controller, said vertical rotating shaft being aligned with the central line of the lumbar vertebrae so as to allow the waist to be twisted.

Claims 11 - 17 (Canceled)